

CranioSacral Therapy

Restoring Balance and Posture for Your Equine Athlete
or Companion



CST addresses: Head and Ear Shyness * Decreased Performance * TMJ Dysfunction * Head Shaking & Cribbing * Pole, Wither & Pelvis Restrictions * Head Traumas and Pelvis Injuries * Blocked Tear Ducts & Sinus Issues * Lameness, Stifle Locking, Hock Issues * Provides Relief and Rehab Care after Accidents and Surgeries*

Horses today are subjected to a variety of stresses including performance, training and ill-fitting tack. The common thread in ALL domestic horses is the pressure we put on their heads with halters, bridles, dental work, etc. **CranioSacral** is the only therapy that addresses compensation patterns that build over time due to the disruption of natural cranial movement. CST releases bone compressions and soft tissue adhesions to restore postural balance and optimize movement, as well as restore nerve function throughout the body. CST compliments veterinary procedures and other alternative therapies such as massage, chiropractic and acupuncture.

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CONFORMATION OR POSTURE?

What has been accepted by the horse industry as conformation issues are today being seen as posture issues that can be changed through CST work. For example:

This quarter horse has a typical croup high, downhill and heavy on the fore posture which has developed from



compensation patterns making his gaits choppy to ride.

Directly after his first treatment you can see his top line is up and he is standing more balanced on all fours. His pelvis is in a better position so he won't stress his hocks and stifles so much.



TMJ DYSFUNCTION AFFECTS THE ENTIRE BODY. Tight or atrophied masseters, pressing the tongue against the front teeth, or asymmetry in the face may indicate headache, pain, dysfunction in the TMJ or sinus compression.



This mare's right eye is lower than her left, indicating compression and tightness in her right TMJ and surrounding areas. Chewing and dental wear have been affected and she has difficulty with her right canter lead along with a blocked right tear duct. CST relieves the pressure that caused the compensation patterns to restore symmetry and balance.

Shea has been training horses and teaching lessons in horsemanship for over 15 years. She also offers consultations in hoof form, saddle and bridle fitting. Visit her website at www.stewartranch.net for more information and client testimonials.